



WALKING PRAYER DAY - DOONGALLA FOREST

Walking with God in Nature

Saturday 20 October 2018

Start: 9.30am at the Stables Carpark Picnic Area, Doongalla Forest, The Basin
Finish: 4.00pm at Stables Carpark.

The Prayer Day Walk is in two loops, along bush tracks in the lush forests on the western slopes of Mt Dandenong. In the morning a brisk climb up to the Dandenong Creek Track then south through tall forests back to the carpark for lunch; in the afternoon we stick to the lower slopes and head west before joining the Camelia Track and back to the cars. Some steep climbs and descents. Tracks may be muddy. Some walking on bike tracks and secondary roads.

This is an opportunity for you to spend some reflective time walking in silence within a faith community in Nature. It offers you the experience of listening to God speaking to you in Nature. 'In every walk with Nature one receives far more than he seeks. Take a walk to feed the soul.'
(John Muir)

Cost: \$35

BYO: Lunch, water, a day pack, snacks to carry, hat and sunblock, wet weather gear, hiking poles. Wear hiking boots or solid shoes with good tread.

Grade: 4 - Medium/Hard.



To make a booking, contact:
Campion Centre of Ignatian Spirituality
99 Studley Park Road, Kew VIC 3101
Ph.: +61-3-9854-8110
Email: secretary@campion.asn.au
Web: www.campion.asn.au/bookings